

**Forest Hill Road Goup Practice
Minutes of the Patient Participation Group Meeting 28 November 2019**

Present

Patients:

Irene Green (PPG, Chairing the meeting), Gerry Armstrong (PPG), Peter Brien (PPG), Joan McIvor (PPG), Jean Lawrence, Chris Hyett, Dorothy Love, Mary Alden, Denise Tree

Staff:

Roxana Kalisz

Apologies

Triloki Mehotra (PPG Chair)

Minutes of the last meeting

Minutes of last meeting have not been approved by GPs yet

Staffing

Roksana explained that the partners were not at the meeting as they were covering sessions of the duty doctor who is not available

Dr Boswell has become a partner with 6 sessions per week.

Yemi is leaving in December. New nurse Catherine will be starting in December.

Advertising PPG meetings

Roksana said the practice will update the list of patients who should receive emails about the patients PPG group.

Speakers

Dr Matthew Liston and Lucill Valentine spoke about unsteadiness and what can be done to improve balance. They are working on a new protocol on balance and falls. They described a study being carried at Kings College Hospital involving volunteers between 65 and 80 years of age who will be given daily exercises to do and will be monitored with several electronic devices to monitor how their balance improves. Another group of volunteers will do conventional exercises.